

MIDDLETON-ON-SEA ASSOCIATION

(Founded 1937)

Dear All

Sent on behalf of the MOSA Chair - Martin Burrell

As you know we are in the process of collating a list of volunteers in each road that have offered to help others, should and when the need arises.

1. How do you contact us for help?

In the first instance, please contact your road representative and if they are not available please email or phone:

Chair - Martin Burrell - chair@mosassociation.org - 585708 or 07836 600740
Secretary - Marese Hollands - secretary@mosassociation.org - 587869 or 07500 011297

- I. Your Road Rep or Martin/Marese will then contact one of the volunteers in your road who will be able to assist you.
- II. Your Road Rep or Martin/Marese will then let you know the name of the person who is going to help you. Please do not respond to cold callers.
- III. The volunteer will then either contact you direct, to find out your requirements or deliver the items to your doorstep.

We are also looking to set up individual WhatsApp groups for the volunteers in each road, as a means of communication. We will also consider setting up an Estate wide WhatsApp group for volunteers, should the need arise.

In the first instance volunteers will support their own roads, but should the pandemic reach a critical level in Middleton on Sea, then we would seek help from anyone on the list.

2. Acts of kindness and some general precautions.

If you are self-isolating with the Coronavirus - Covid -19 we can help with the following: -

- Picking up shopping
- Collecting medication
- Posting mail
- Friendly phone call
- Urgent supplies

- Dog walking
- Other urgent issues.

As we all know coronavirus is very contagious. Please ensure you are taking every precaution to ensure you are only spreading kindness. Avoid physical contact and keep 2 metres apart. Volunteers will leave items on the doorstep. Please wear disposable gloves if possible and keep washing your hands.

Please be aware that there may be people who wish to take advantage of the situation. Please only accept help from people you know or that MOSA have put you in contact with.

Below is some useful information but as you are aware the situation is changing daily if not hourly and the information may become out of date very quickly. We will also try and keep our website up to date with information at www.mosassociation.org

3. Covid-19 Updates - from West Sussex County Council

The Government has issued advice about disposing of rubbish should you have a confirmed or suspected case of Covid-19 in your household. Used tissues and disposable cleaning cloths should be put into a rubbish bag. The bag should then be put into a second bag and tied securely. You should then wait 72 hours before putting it in your outside bin. You are able to dispose of other household waste as normal.

Please continue to check www.westsussex.gov.uk/coronavirus for details of any impact to County Council services. We would also advise you to check any information or updates given by your local district and borough council, as they operate your waste and recycling collections and will be able to advise of any disruption or changes.

Household waste recycling sites are now **closed**.

Household collections are running as normal for the present time. Please be sensible about waste production.

4. Local Shops and Hotels - help from our business community

Ye Olde Tudor Butchery - 01243 583200

Free local delivery - of meat, homemade pies, fruit and vegetables and fresh bread. - Card payment over the phone and then they deliver to our door. They will do their very best to remain open and continue to supply all their fresh locally sourced meat and homemade pies which they bake every day

Elmer Stores - 01243 583437

Free next day delivery

The Elmer Hotel – 01243 855580

Providing "The Elmer Pantry" home delivery menu.

Tuesday to Saturday 12 to 3 pm and 5 to 8 pm

Sunday 12 to 3pm

theelmerhotel@hotmail.com

Barleys - 01243 582328

Our local hardware store will deliver:-

- Pet supplies
- Calor Gas
- Gardening supplies
- DIY
- Household supplies - including cleaning and laundry supplies.

<http://www.barleys.biz>

Supermarkets

Sainsburys

NHS and social care workers to shop for half an hour before they open each day. Anyone with NHS ID will be able to shop from 07.30-08.00 every day from Monday to Saturday.

In addition to this, every Monday, Wednesday and Friday, will dedicate 08.00-09.00 to serving elderly customers, disabled customers and carers.

Sainsburys have been able to identify a number of customers as elderly and vulnerable based on the information they have given them previously. These details would include date of birth and if you have ever used their vulnerable customer helpline. For all of these customers, Sainsburys will email you 22.3.20 with information on when slots will become available.

If you do not receive an email and you consider yourself to be vulnerable, please visit their Groceries Online website on 23.3.20 for information on how to contact them. They are also working as quickly as possible on an option for people to register themselves as disabled and vulnerable on their online shopping accounts.

Tesco's

All stores (except Express stores) will be prioritising the elderly and most vulnerable for one hour between 9am and 10am every Monday, Wednesday and Friday.

Every Sunday, all Tesco stores (except Express stores) will prioritise a browsing hour before checkouts open for NHS workers, giving them dedicated time to shop for their essentials.

For more information on other Tesco stores near you, [use their store locator](#).

Morrisons, Iceland

Have all announced dedicated opening times for NHS and the elderly and vulnerable. These may differ depending on the store so please check their website or listen to the local radio station.

As we have already said, the above is some useful information but as you are aware the situation is changing daily if not hourly and the information may become out of date very quickly.

Best wishes

Martin

Martin Burrell – Chair

23.3.20